



Wild Minds
Nature Connection CIC
Community through nature

Schools & Educational Establishments Service Offer 2025/26



Nature-based education, wellbeing and SEMH support for schools, settings and alternative provision.

Supporting children to feel safe, regulated and ready to learn — through connection with nature.



Wild Minds
SEMH & Behaviour Support



Wild Minds
School Support



Wild Minds

SEMH & Behaviour Support

Even before the COVID-19 pandemic, schools were seeing a steady rise in social, emotional and mental health needs, alongside increasing behavioural challenges that disrupt learning and place pressure on staff.

The long-term impact of disrupted education during 2020–2021 continues to be felt years later, affecting children of all ages and preventing some from accessing the education they need and deserve.

Wild Minds SEMH & Behaviour Support helps children and young people regain a sense of safety, emotional regulation and connection — enabling them to re-engage with learning.

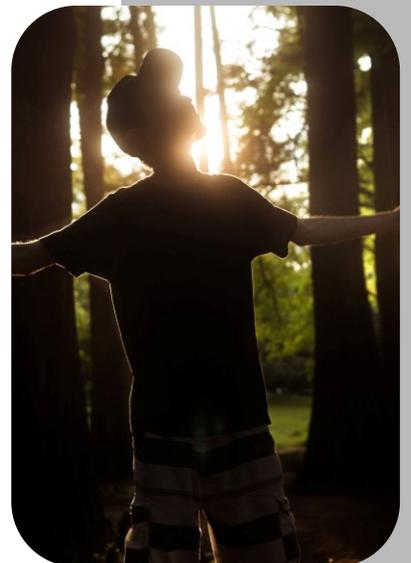
Through targeted, trackable interventions, we provide the scaffolding children need to understand their emotions, communicate their needs effectively and develop healthier ways of coping.

Using nature, play, conversation and consistent relational support, we help pupils build a sense of belonging — creating the conditions in which they can thrive.

Our work supports children across a wide spectrum of need — from those displaying complex and challenging behaviours, to children who appear withdrawn, quiet or unable to connect.

Wild Minds interventions are:

- Child-centred and trauma-informed.
- Grounded in attachment theory and neuroscience.
- Designed to be measurable, trackable and outcome-focused.
- By working outdoors wherever possible, we support children to reconnect with themselves and others in a calm, non-judgemental environment that promotes emotional safety and regulation.





Wild Minds

SEMH & Behaviour Support

Wild Minds provides targeted, trackable and high-impact SEMH and behaviour interventions that help pupils re-engage with learning and thrive. Our work supports children across the full spectrum of need — from those whose distress is expressed loudly through dysregulated behaviour, to the quiet, withdrawn pupils who often go unnoticed but are equally at risk.

Every intervention is evidence-informed, outcomes-driven and designed to help your setting reduce exclusions, improve attendance, and strengthen emotional literacy and resilience across the whole school.

Alongside pupil support, **we deliver practical and empowering staff training and CPD**, equipping your team with the confidence, strategies and trauma-informed approaches needed to meet daily SEMH challenges. This whole-school approach strengthens consistency, builds capacity and ensures pupils receive the relational support they need, every single day.

Assessment, Training & Review Support

Half* Day - £300

Full* Day - £550

Full Year Support Packages

1 x half day per week - £8,000

1 x full day per week - £15,120

1 Term Programmes

1 x half day per week - £3,120

1 x full day per week - £5,460

After School Staff Meetings

£125 per hour

Disclaimer

*These prices are based on limited time packages of support. While this provides a strong and meaningful starting point, we believe in being fully transparent: **sustainable change for pupils with complex SEMH needs takes time, consistency and ongoing investment.***

Quick fixes are rarely effective, and we do not offer short-term solutions that compromise long-term outcomes.

For more information visit

www.wildmindsnature.co.uk/behaviour-support or to discuss your schools' specific needs, please email info@wildmindsnature.co.uk

**Half Day – 3 hours Full Day – 6 hours
Prices subject to change without prior notice.*



Wild Minds

SEMH & Behaviour Support

Alongside our direct work with pupils and staff, Wild Minds offers a comprehensive Behaviour Support Consultancy service designed to strengthen your whole-school approach to SEMH and behaviour.

Whether you need a full policy and procedural review, support to embed trauma-informed practice, or guidance in implementing consistent, relational behaviour strategies across all year groups, we work in partnership with you to create a culture where every child can learn, feel safe and truly flourish.

Our consultancy is practical, evidence-informed and tailored to the needs of your setting. We help leadership teams build sustainable systems, strengthen staff confidence, and create environments that promote regulation, resilience and connection.

To extend your impact beyond the school gate, **we also deliver supportive, accessible parental workshops**, giving families the tools and understanding they need to reinforce positive behaviour and emotional regulation at home. This joined-up approach ensures consistency, strengthens relationships and leads to long-lasting improvements for pupils.

Together, we can create an environment where behaviour is understood, not feared — and where every child has the chance to thrive.

On-site Support

Behaviour Management Audit

Lunchtime Behaviour Audit

Behaviour Policy & Procedure Review

All above £135 per hour (*min 5 hours*)

45 min Behaviour Policy & Management Review - **FREE**

Staff Training

6-week Introduction to Positive Behaviour Management for Teachers - £1,200

6 x 1-hour twilight sessions for all staff - £800

Parental Support Workshops

6-week programme of group support - £1,950 (*inc workbooks & materials*)

Additional Training

Lunchtime Staff Behaviour Management Training

Support Staff Behaviour Management Training

Positive Change for Senior Leaders

£125 per hour

For more information visit www.wildmindsnature.co.uk/behaviour-support or to discuss your schools' specific needs, please email info@wildmindsnature.co.uk

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Prices subject to change without prior notice.*





Outdoor Alternative Provision

Our outdoor, therapeutic Alternative Provision has been developed specifically for pupils who struggle to access full-time education due to unmet SEMH needs and developmental gaps. It provides a structured, relational and highly nurturing environment for children at risk of exclusion, those experiencing EBSA, or pupils on reduced timetables who need a different way to reconnect with learning.

Using the *Thrive Approach* — a science-informed, trackable intervention model — our provision identifies key stages of interrupted development and works proactively to rebuild them. Pupils develop emotional regulation, resilience, relational trust and a sense of safety, all while engaging in meaningful, hands-on outdoor learning.

Alongside this emotional and social growth, pupils gain practical skills, confidence, and a deep respect for nature and the wider world — strengthening both personal development and readiness to return to a school environment.

In essence, we create a safe and responsive space where children can be children again:

to explore, to repair, to regulate, and to discover who they are and where they belong.

This foundation enables them to re-enter education with stronger self-belief, healthier coping strategies and improved engagement.

On-site Alternative Provision

Half day - £55 per child

Full day - £70 per child

Cost per term: £715-910 per child per term

Minimum numbers apply

Off-site Alternative Provision

Half day - £65

Full day - £100

Cost per term: £845-1,300 per child per term

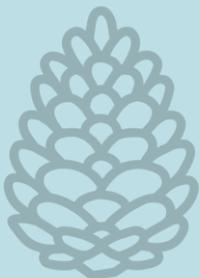
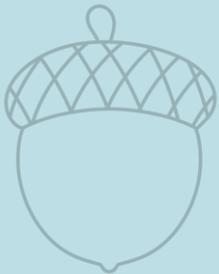
Specialist 2:1 Support

Specialist 2:1 AP - £450 per day (2 adults supporting 1 child due to severity of need or risk of fleeing)

For more information visit

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**Half Day – 3 hours Full Day – 6 hours
Prices subject to change without prior notice.*





Wild Minds

SEMH & Behaviour Support

Outdoor Alternative Provision

Our outdoor, therapeutic Alternative Provision is designed for pupils who struggle to access full-time education due to unmet SEMH needs.

We support children and young people who are:

- At risk of exclusion
- Experiencing EBSA
- On reduced timetables

Using the Thrive Approach — a science-based, trackable intervention — we identify and address developmental gaps while supporting pupils to build emotional regulation, resilience and secure attachments.

Alongside therapeutic support, pupils develop practical life skills and a positive relationship with the natural world.

Sessions provide a safe, nurturing space where children can be children — exploring, learning and growing at their own pace.



Currently offering half day sessions once week. Prices available on request.





Wild Minds

School Support

Outdoor Learning in Action

Learning outdoors creates space for curiosity, collaboration and confidence to grow.

Our sessions encourage children to explore, problem-solve and connect — with nature, with each other and with themselves.





Wild Minds

School Support

Extra-Curricular Activities & Educational Visits

Alongside our targeted SEMH and behaviour support, Wild Minds delivers a wide range of after-school clubs and outdoor educational visits for children of all ages and abilities.



Learning in nature supports curiosity, creativity and engagement — offering children a different way to access learning and develop essential life skills.

Bringing classes into woodland environments allows pupils to explore topics such as habitats, food chains, storytelling and seasonal change, while fostering imagination and a lifelong connection with nature.



Practical activities such as den building, navigation and conservation strengthen classroom learning and help develop communication, teamwork, empathy and problem-solving skills.

As extra-curricular activities, nature-based clubs and wellbeing sessions support emotional regulation, resilience and positive engagement with learning.





Wild Minds

School Support

Educational Visits with Wild Minds Moira Furnace Museum & Country Park and Hicks Lodge 2025–26

All sessions can be tailored to meet the needs, abilities and interests of your pupils and school.

Sessions are delivered by experienced, fully insured nature educators and Forest School leaders.

Session Lengths

Half day: up to 3 hours (2 activities)

Full day: up to 5 hours (3 activities)

EYFS

Woodland Explorers
Teddy Bear's Picnic
Mini Mindfulness
Tree Spirits
Secret Woodland Dens

KS1

Woodland Explorers
Den Building & Survival Skills
Minibeast Madness
Woodland Wellbeing
Tree Detectives
Nature's Art
Animal Antics
Woodland Wandering

KS2

Den Building & Survival Skills
Woodland Wellbeing
Tree Detectives
The Art of Nature
Minibeast Madness
Animal Antics
Woodland Wandering
Team Building Challenge
(2 hours)

KS3 & KS4

Den Building & Survival Skills
(2 hours)
Conservation & Regeneration
Woodland Wellbeing
The Art of Nature
Woodland Wandering
Team Building Challenge (2 hours)

Post-16 Provision

Sessions available to support Post-16 learners at all levels, including conservation and woodland management.





Wild Minds

School Support

Curriculum Links

All sessions are designed to align with the National Curriculum and provide meaningful, memorable learning experiences.

Woodland Wellbeing

Sessions are designed to support children's emotional development and self-regulation, using the science-backed benefits of time spent in nature

We are experienced in supporting SEMH, SEND and complex needs, ensuring outdoor education is accessible for all.

Costs for 2025–26

Half day: **£200 per class**

Full day: **£300 per class**

Groups of up to 30 pupils per session.

Classes larger than 30 will be split, with charges applied per group.

To book, please contact us by email or via the booking form on our website.



Forestry England





Wild Minds

School Support

Forest School at School

In addition to off-site educational visits, Wild Minds can bring Forest School directly to your school grounds.

If you have an outdoor area you would like to develop, we can support you with:

- Creating or developing a Forest School space
- Writing a Forest School plan and progression framework
- Developing a bespoke Forest School or outdoor learning curriculum
- Advice on equipment, storage and phased development

On-site delivery removes the logistical challenges of transport and staffing, while ensuring all children can access high-quality outdoor learning.

Session Cost

£150 for a 2-hour session
Full Year: £5,850 (min 36 sessions)

Curriculum & Consultancy Support

We can support schools to develop engaging, practical Forest School or outdoor learning programmes that align seamlessly with existing curriculum plans and progression expectations.

Consultancy is charged at **£75 per hour**.





Testimonials & Quotes

“I really enjoyed what we did in Wildlife Club, I loved being outdoors.” - year 4 pupil





“It was lots of fun learning about the plants and animals that live at school with us.” - year 5 pupil





“Being outside in the mud and rain was really exciting. I don’t get to do that normally.” - year 1 pupil





“The training we have received from Wild Minds has been excellent. Jodi & Becki are always approachable and available to answer questions and provide advice.” - *Derby based Charity for children & young people*





“We have really seen the positive impact from having Wild Minds working with our children this year. Children have increased in confidence and emotional awareness.” - *Head teacher at inner city Derby school*



Wild Minds

School Support

After School Clubs | 2025–26

Bringing nature connection, exploration, mindfulness and movement into your school community.

All sessions can be tailored to meet the needs and abilities of your pupils and setting.

Sessions are delivered by experienced, fully insured Nature Practitioners, Forest School Leaders and a qualified Yoga Teacher.

Forest School Club

Bringing outdoor spaces to life through play, exploration and nature connection.

Through a progressive, child-led programme, children develop confidence, independence and practical life skills. Activities such as den building, tool use and teamwork challenges support problem-solving, resilience and respect for nature and others.

Forest School helps children understand **who they are, what they can do and where they belong** — within a group, a community and the natural world.

Maximum 10 children

Wildlings Wildlife Club

Designed for schools with outdoor spaces ready for care, development or growing projects.

Children explore and care for the natural world through hands-on activities such as planting, habitat creation and wildlife observation. Sessions help children develop **nature stewardship skills**, understand ecosystems and seasonal change, and recognise how their actions impact the world around them.

By taking ownership of shared outdoor spaces, children build responsibility, teamwork and pride — developing a strong sense of connection to nature and their place within it.

Maximum 10 children

Sessions are £60 for 1 hour after school on your premises.
Half termly bookings recommended.





Wild Minds

School Support

After School Clubs | 2025–26

Wildlings Wellbeing

Supporting emotional regulation and positive mental health through nature-inspired Yoga, T'ai Chi and mindfulness practices.

Sessions can be delivered:

As **morning mindfulness sessions** to help children settle, feel calm and ready to learn.

As **lunchtime wellbeing clubs**, offering a quieter, supportive space during the school day.

Or as **after-school clubs** for deeper exploration and skill-building. Children learn simple, practical tools to help them understand their emotions, regulate their nervous system and respond more calmly to challenges — skills they can use both in and out of school.

Maximum 15 children

Wildlings Wildlife & Wellbeing

A targeted outdoor nature club for children who benefit from additional emotional support and thrive when learning outside.

This small-group club combines nature connection, gentle wellbeing activities and emotional literacy to support children with their social, emotional and mental health. Sessions are designed for children who may find the classroom challenging but feel calmer, more confident and more engaged when learning outdoors.

Through hands-on nature activities, children develop self-regulation skills, emotional awareness and a sense of belonging, while also building a positive connection with the natural world.

Maximum 10 children

Sessions are £60 for 1 hour after school on your premises.
Half termly bookings recommended.



Wild Minds

School Support

Grounds & Award Consultancy

We help schools unlock the full potential of their outdoor spaces, supporting leaders to develop high-quality outdoor learning provision and achieve recognised eco and outdoor learning awards. Our consultancy offers clear, achievable pathways that link grounds development, curriculum outcomes and award criteria, making the process manageable and impactful. By embedding outdoor learning and sustainability into school life, schools can enrich pupil experiences, strengthen personal development and demonstrate a clear commitment to environmental responsibility.

Curriculum & Outdoor Learning Consultancy

Our curriculum consultancy supports schools to confidently take more learning outdoors, whatever staff experience or confidence with nature.

We work alongside teachers and leaders to develop practical, achievable outdoor learning approaches that align with the National Curriculum and existing progression plans. Through guidance, modelling and staff training, we help all staff — from beginners to experienced practitioners — feel supported to use outdoor spaces purposefully, embedding nature-based learning across the school in a sustainable and inclusive way.

Cost: £75 per hour

Outdoor Education Workshops & INSET

If your school has outdoor space but you're not yet seeing its full potential, our practical workshops and INSET sessions offer a motivating and confidence-building starting point. Designed for staff of all experience levels, these sessions demystify outdoor learning and show how it can be used meaningfully across the curriculum.

Staff leave with practical ideas they can use immediately, a clearer understanding of how outdoor learning supports wellbeing and engagement, and renewed confidence to take learning outside in purposeful, manageable ways. These sessions help build a shared vision across the staff team, ensuring outdoor learning becomes a positive, consistent part of school life — not an added pressure.

A powerful way to invest in staff confidence while enriching learning for every child.

Cost: £125 per hour





Wild Minds

School Support

Grounds & Award Consultancy

Grounds Consultancy

Well-planned outdoor spaces can quietly transform a school — supporting learning, wellbeing and behaviour while creating environments pupils feel proud of. Our **grounds consultancy** helps school leaders make purposeful, achievable improvements that work with the space and resources they already have.

We provide practical guidance on how to use outdoor areas — however small — to support curriculum delivery, play, emotional development and nature connection for all pupils. By taking a phased, realistic approach, we help schools develop outdoor spaces that grow over time, embed sustainability and leave a positive legacy for future pupils.

Cost: £75 per hour

Awards Consultancy

Eco and outdoor learning awards offer schools a powerful way to celebrate their values, inspire pupils and demonstrate a genuine commitment to sustainability, wellbeing and personal development.

We support schools to move beyond box-ticking, guiding leaders and staff through meaningful planning, evidence-gathering and application processes that reflect real impact. Our approach helps schools embed outdoor learning and environmental responsibility into everyday practice — creating lasting change that benefits pupils, staff and the wider community, while achieving well-recognised awards with confidence.

Achieving these awards helps children see themselves as active contributors to a healthier, more sustainable world.

Cost: £75 per hour





Wild Minds

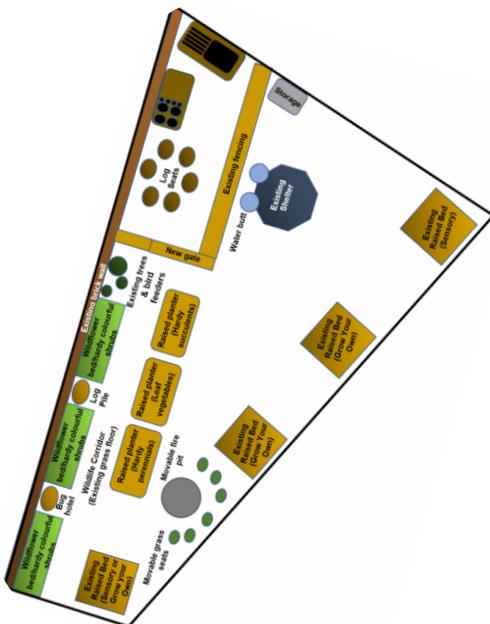
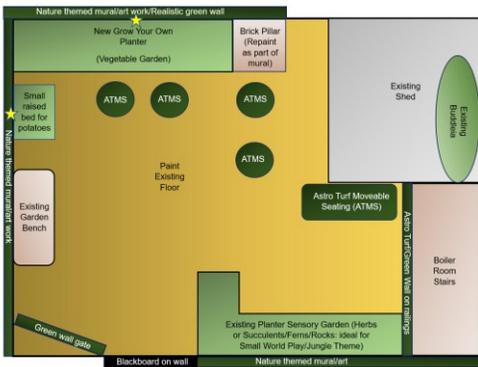
School Support

Recent Projects

We have supported a wide range of schools to transform outdoor spaces into inclusive, engaging learning environments.

Projects include:

- Outdoor learning spaces for all ages and abilities
- Multi-sensory natural environments
- Herb gardens, growing areas and wildflower borders
- Habitat creation and biodiversity-supporting planting schemes





Wild Minds Nature Connection CIC

Community through nature



About Us

Wild Minds Nature Connection CIC delivers nature-based education, wellbeing and SEMH support across South Derbyshire, Derby City, East Staffordshire and North West Leicestershire.

The organisation is led by **Jodi and Becki Winter**, who bring together extensive experience in education, therapeutic practice and nature-based wellbeing.

Wild Minds is supported by a **fully qualified, experienced and insured delivery team**, enabling us to provide high-quality, consistent provision across:

- Educational visits
- Forest School (on-site and off-site)
- Extra-curricular and wellbeing clubs

All members of our team are carefully recruited and trained to work with children and young people, and hold appropriate qualifications, enhanced DBS checks and relevant first aid certification. This allows us to safely support a wide range of needs, ages and settings while maintaining the values and quality that Wild Minds is known for.

Jodi Winter has over 25 years' experience delivering environmental education to children and adults. She is a Licensed Thrive Practitioner, ELSA and Level 3 Forest School Leader, with almost 20 years' experience working within an inner-city school supporting children with complex SEMH, SEND, attachment and mental health needs.

Jodi's works using play and the natural environment as a foundation for therapeutic intervention, supporting children to develop resilience, reduce challenging behaviour and re-engage with learning. Jodi is also a DSL and experienced first aider.

Becki Winter is a qualified Natural Mindfulness Guide with over five years' experience improving access to nature for positive mental and physical health. She holds diplomas in T'ai Chi and Yoga (accredited by the Complementary Medical Association), is a 200-hour qualified Yoga Teacher, and has completed specialist training in Yoga Nidra and Yin Yoga (Yoga Alliance accredited). Becki is also a Level 3 Forest School Leader. Becki is also an experienced first aider.

Both Jodi and Becki hold enhanced, up-to-date DBS certificates and are first-aid trained for both children and adults.

Get in touch

For more information about our education support packages, to book a meeting or start a conversation get in touch via email to info@wildmindsnature.co.uk