



Wild Minds
SEMH & Behaviour Support

At Wild Minds, we know that living with SEMH and behaviour challenges at home can feel overwhelming, isolating, and exhausting — for children and young people *and* for the adults who care for them. Our family support services offer a **non-judgemental, safe, and compassionate space** where everyone is welcomed exactly as they are. We don't label, blame, or push families away when things feel hard. Instead, we take a **child-centred approach** that helps children feel safe, understood, and supported, while also giving parents and carers the tools, confidence, and reassurance they need. We work *with* families, not on them — holding children at the heart of everything we do, and walking alongside adults so no one has to face it alone.

Family Support Prices

Hourly rate - £35

For one off or ad hoc sessions (*support in this format will not have the impact a block of sessions will*)

Family Support Packages

Monthly Sessions (*min 6 months, 1 session per month*) - £190 per 6-month block

Weekly Sessions (*min 8 weeks, 1 session per week*) - £250 per 8-week block

Programme of monthly sessions for 1 school year - £375

Programme of weekly sessions for 1 school year (39 weeks) - £1,250

Assessment & advice

£25 per hour

Disclaimer

*These prices are based on limited time packages of support. While this provides a strong and meaningful starting point, we believe in being fully transparent: **sustainable change for children with complex SEMH needs takes time, consistency and ongoing investment.** Quick fixes are rarely effective, and we do not offer short-term solutions that compromise long-term outcomes.*

For more information visit www.wildmindsnature.co.uk/behaviour-support or to discuss your family's specific needs, please email info@wildmindsnature.co.uk



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What is Wild Minds' Behaviour Support for Families?

Wild Minds provides specialist, family-centred behaviour support for children and young people with SEMH and complex behavioural needs. We have extensive experience supporting families where challenges may feel persistent or overwhelming, and we bring a deep, practical understanding of what children and families need to thrive.

All support is **carefully tailored to each family**, recognising that no two situations are the same. While every programme is personalised, it is always guided by a **clear, targeted support plan**. This allows us to track progress over time and, where helpful, provide evidence and insight to inform SEND reviews and multi-agency meetings.

Our approach uses **nature-based experiences alongside creative and therapeutic activities** to help children explore emotions, build emotional literacy, and develop healthy ways to communicate and connect. By supporting positive attachment, regulation, and understanding, we help children feel safer and more secure — while also empowering parents and carers with strategies that can be used confidently at home.

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