



**Wild Minds**  
**Nature Connection CIC**  
Community through nature

## **Woodland Elders Session Facilitator**

### **Person Specification**

#### **Essential Skills & Experience**

- Experience working with older adults, including those with dementia or additional needs or adults with disabilities.
- Background in activity delivery, community engagement, or wellbeing programmes.
- Strong interpersonal and communication skills.
- Ability to adapt activities to meet diverse needs and abilities.
- Understanding of safeguarding, dignity in care and confidentiality requirements.

#### **Desirable Skills**

- Knowledge of nature-based or creative wellbeing activities.
- First Aid (although would never be responsible for this as Care Staff would handle any incidents).
- Experience in care-home, health & social care or child care settings.

#### **Personal Qualities**

- Empathetic, patient, and respectful.
- Reliable and well-organised.
- Comfortable working independently and travelling between sites.